

NAILCO

— NAIL BAR —

Nail Aftercare



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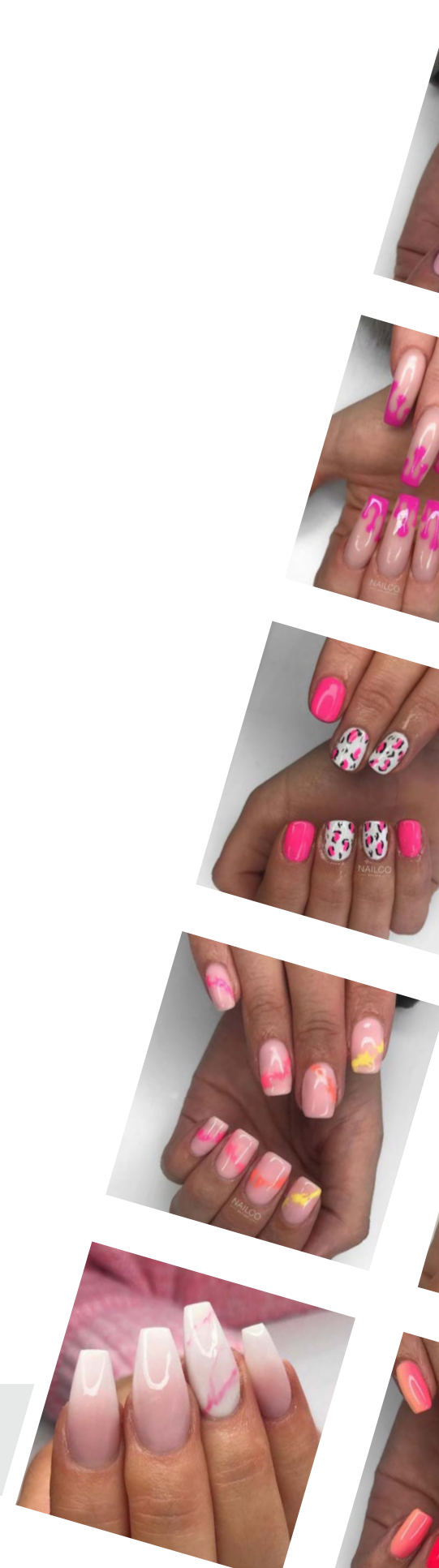
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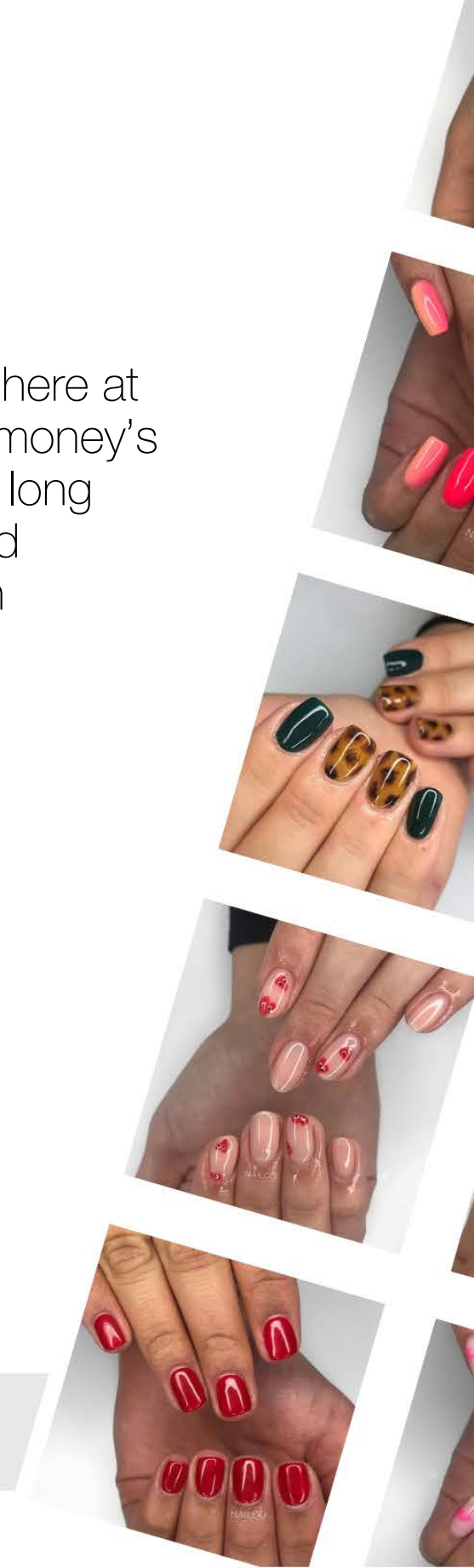
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GEL POLISH MANICURE

Your nails are an investment right? And here at Nailco, we want to ensure you get your money's worth! We pride ourselves on delivering long lasting glossy manicures and we wanted to share our top tips on how to maintain them. The secret to a long lasting, gorgeous gel manicure is all in the aftercare, so let's take a look!

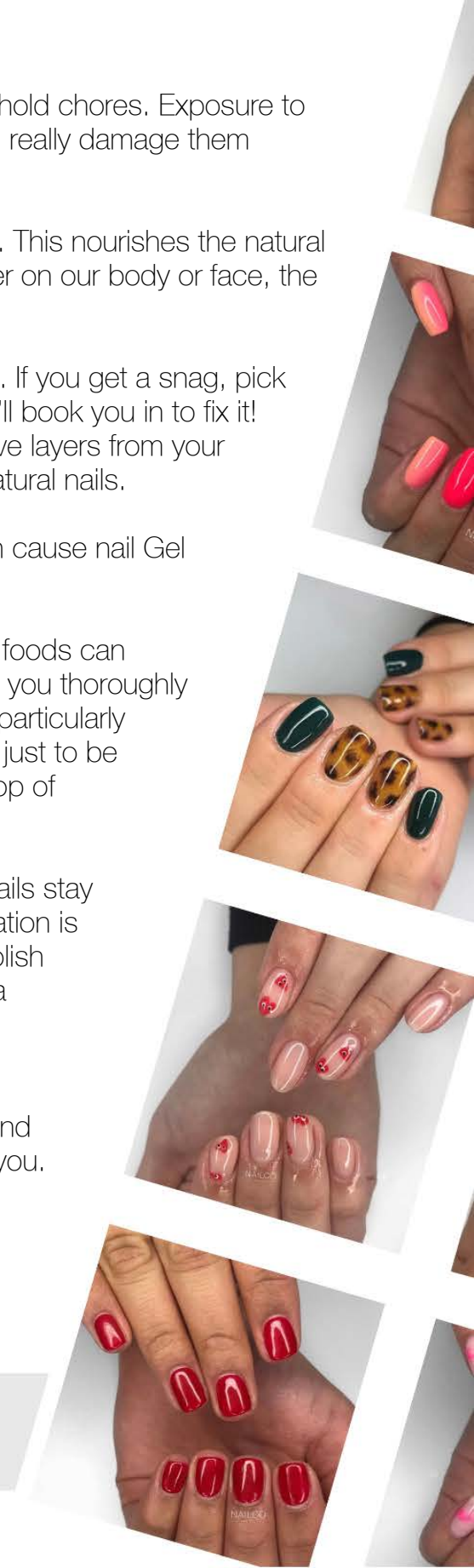
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GEL POLISH MANICURE

- Always wear protective gloves when doing gardening and household chores. Exposure to cleaning products and repeatedly soaking your nails in water can really damage them and affect the durability of your Gel Polish Manicure.
- Massage cuticle oil into the cuticle area of nail at least once daily. This nourishes the natural nail, encouraging healthy nail growth. It's just like using moisturiser on our body or face, the more you nourish the better condition!
- Do not pick, peel, pull, chew, nibble or forcibly remove gel polish. If you get a snag, pick up a file and smooth it over. If you get a chip, contact us and we'll book you in to fix it! Avoid picking your gel polish off at all costs as this will also remove layers from your natural nail bed leaving you with damaged and potentially sore natural nails.
- Be careful when near extreme heat and naked flames as this can cause nail Gel polish to melt.
- Tinted lotions, suntan creams, hair products and highly coloured foods can discolour the Gel Polish on top of your extensions, so make sure you thoroughly wash your hands after use or exposure. This is something to be particularly aware of when you have chosen a lighter shade! Pop on gloves, just to be safe. You can also apply a clear topcoat of nail polish over the top of your gel if you have a very light colour on to avoid staining.
- Do not miss your regular maintenance appointments to ensure nails stay looking their best. Professional application, removal and reapplication is the best way to ensure your nails stay healthy! You'll find a gel polish removal, reapplication and nail art bundle on our booking site at a discounted price!
- When removing the polish use non-acetone nail polish remover. Acetone should only be used for removals. We always recommend booking into the salon so we can take care of your removals for you. If you are doing it at home, you can find information on how to remove your Gel Polish safely on our Instagram highlights. You'll find us here [@nailconailbar](#) & [@nailcoaberdeen](#) on Instagram!

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Aftercare

EXTENSIONS

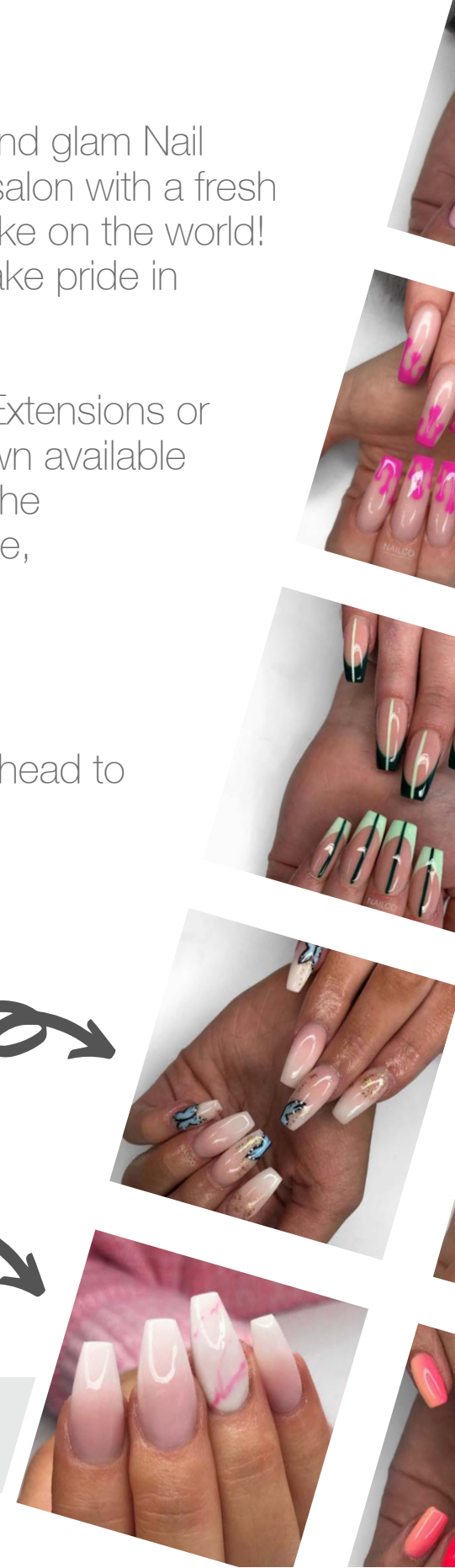
Here is your aftercare guide for your gorgeous and glam Nail Extensions. It's such a great feeling leaving the salon with a fresh set of glossy extensions, leaving you ready to take on the world! But these babies require a little extra TLC. We take pride in your nails and their preservation is our priority!

Here at Nailco there are two main types of Nail Extensions or Nail Enhancements as they are sometimes known available for you to book. One is Acrylic Nail Extensions, the other is Hard Gel Extensions. Both look the same, have the same finish, but are made of different substances. They are both finished off with Gel Polish colour to create your desired look.

If you'd like find out more about how they differ, head to our Instagram highlights where you'll find a 'Gel Extension' highlight. You'll find us here [@nailconailbar](https://www.instagram.com/nailconailbar).

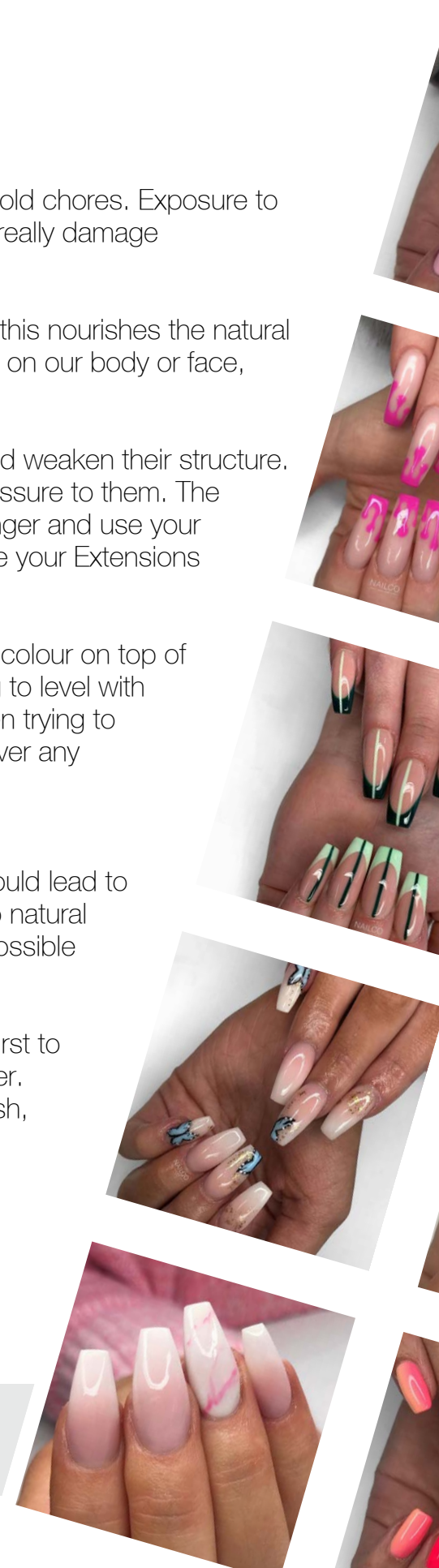
Gel Extensions

Acrylic Extensions



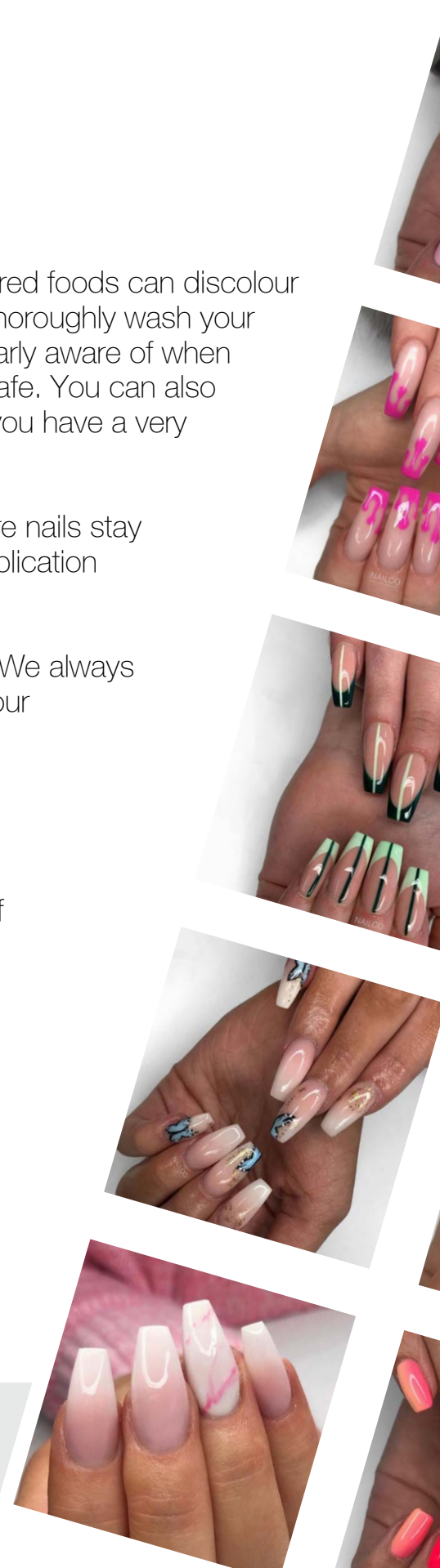
EXTENSIONS

- Always wear protective gloves when doing gardening and household chores. Exposure to cleaning products and repeatedly soaking your nails in water can really damage them and affect the durability of your Nail Extensions.
- Massage cuticle oil into the cuticle area of nail at least once daily, this nourishes the natural nail, encouraging healthy nail growth. It's just like using moisturiser on our body or face, the more you nourish the better condition!
- Avoid tapping with the Nail Extensions, or doing anything that could weaken their structure. Basically what we mean by that is, anything that applies direct pressure to them. The best example we can give? The toilet flusher button! Bend your finger and use your knuckle instead. Opening cans of juice is also a biggie, do not use your Extensions to do this.
- Do not pick, peel, pull, chew, nibble or forcibly remove Gel Polish colour on top of your Nail Extension, or any of the Nail Extension itself. We're going to level with you here, pulling off an extension or catching it resulting in you then trying to remove it will HURT. You really need to avoid this. Pop a plaster over any damaged extensions to secure them and contact us asap to sort the problem.
- If the nail enhancement is lifting or damaged and this ignored, it could lead to a bacterial infection. Do not pick it off as this will cause damage to natural nail. Pop a plaster over it and make an appointment as soon as possible for one of our nail tech to check it over and repair it for you.
- If applying your own nail polish over extensions, use a base coat first to avoid staining. Remove polish with non-acetone nail polish remover. Acetone can dissolve the nail enhancement and dull the shiny finish, ruining them. Acetone should only be used for removals.
- Be careful when near extreme heat and naked flames, as this can cause nail extension to melt.



EXTENSIONS

- Tinted lotions, suntan creams, hair products and highly coloured foods can discolour the Gel Polish on top of your extensions, so make sure you thoroughly wash your hands after use or exposure. This is something to be particularly aware of when you have chosen a lighter shade! Pop on gloves, just to be safe. You can also apply a clear topcoat of nail polish over the top of your gel if you have a very light colour on to avoid staining.
- Do not miss your regular maintenance appointments to ensure nails stay looking their best. Professional application, removal and reapplication is the best way to ensure your nails stay healthy!
- When removing your Nail Extensions, use Acetone to do so. We always recommend booking into the salon so we can take care of your removals for you, but if you are doing it at home, you can find information on how to remove your Nail Extensions safely on our Instagram highlights. You'll find us here [@nailconailbar](#) on Instagram!
- If any adverse reactions occur: rash, redness, inflammation of any kind around the nails please contact us immediately.



Thanks for reading. As always, if you have any other questions at all, please don't hesitate to get in touch. The fastest way to reach us is via our instagram channels [@nailconailbar](#) & [@nailcoaberdeen](#). Alternatively, give us a call on our central booking line 0141 332 1999 and we'll be happy to help you!

Lots of Love Nailco xox

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